



Around the Chalk Bowl



Airborne Team girls by the Chalk Bowl

Airborne's Compulsory Competition Season Begins September 12!

Welcome again to new families to Airborne Gymnastics and to parents of new competitors! I would like to take this opportunity to share a few tips related to preparing for and attending competitions. For those of you who have been around a few years, you might recall just how confusing it was the first year of competition. I hope these tips and suggestions give new families and competitors a bit more insight into what goes on during a compulsory gymnastics competition.

Getting There and Getting Ready

Arrive to the host gym at least 15 minutes before session time for your gymnast. To keep stress to its lowest level possible (and there is a lot of tension) allow time for travel, parking and unexpected things (hair issues, unclear directions, accidents, etc.) Your daughter should be ready in her warm-up suit and competition leotard. Her hair should be finished. Make sure you provide water and snacks in your daughter's gym bag before warm-up. Water and healthy snacks can be consumed between rotations but your gymnast is not allowed to leave the competition area to get snacks or water from you and you are not allowed on the competition floor. Check in

with your coach upon your arrival.

Please note: a hair bun is usually the best solution for long hair. Ponytails are fine as long as the ponytail does not reach beyond the tip of the nose. Generally no more than 4 clips should be used.

Sessions

Each level typically competes in a different session. The rotation is Bars, Beam, Floor, Vault - your daughter will start on one apparatus and rotate in this order. No parent is allowed in the competition area. You may view your gymnast from designated areas only. Please be considerate to those around you - do not block their view or photos.

Each session is also divided into age groups for awards. Even though your gymnast may be performing in a session of 50 or more girls, her actual competition will likely be less than 24 girls. The age groups vary for each meet and are based on number and ages of the competitors. There are usually 3-4 age groups per session. Awards are given for each age group after the session is completed and the number of places awarded will vary as determined by the host gym.

(... → to be continued on page 3)

Calling All Poker Players and Guests!

As announced, Airborne's first annual Poker Night event will take place on Saturday, October 17th at the Hotel Los Gatos. Action begins at 5:00 and concludes at 11:00 p.m.

Poker players will have a \$200 buy-in for the tournament and there will be opportunities for re-buys and adds. The cost for a player and one guest is \$250, and an individual guest is \$75. These rates include beer, wine and appetizers by reknown Dio Deko restaurant. No host cocktails and well drinks will also be available for purchase.

Prizes for poker tournament winners include amazing vacations in Puerto Vallarta and Lake Tahoe. A complete list of prizes will be available shortly and will be posted on the SPIRIT website.

<http://airborne-spirit.org>

This is a new event for SPIRIT and we are very excited! It is shaping up to be quite the "talk of the town" event! We are also looking for sponsors for prizes, tables, food and beverage. If you know a business willing to sponsor this high roller event and get their name in front of willing money spenders (this means poker players!), please contact a SPIRIT board member. Remember, all donations are tax deductible as allowed by law. TAX ID 77-011050 Watch your email for an eVite from SPIRIT for this exciting event. First come, first served as space is limited and a guest list will be strictly enforced at the event. Buy-ins and guest payments can be made through PayPal. A link to the SPIRIT PayPal will be provided in the eVite. Don't miss this event!!

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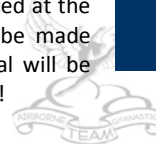
- *What to expect as New Parents*
- *Participating to the Aloha fundraising program*
- *Setting the Poker Night*
- *eScript & PayPal*
- *Changes in the Board Members and Level Reps*

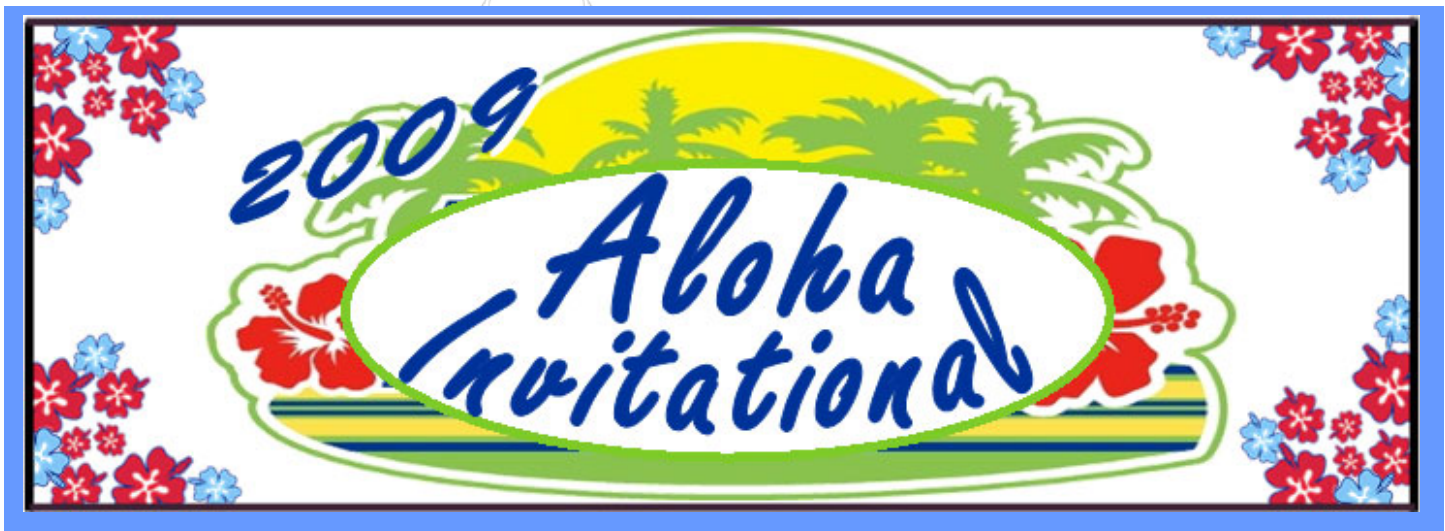
SPIRIT Board Members

President: Gina Jensen
 General VP: Anna Quinones
 Secretary: Toni Matos
 Treasurer: Odette Agah
 VP Communications: Flo Oswald
 VP Fundraising: Dave Borgese
 VP Meet Liaison: Carole Costa
 VP Membership: Susannah Vaughan



Poker Night
 Hotel Los Gatos
 Saturday October 17th
 5:00 PM - 11:00 PM





Signing up for one of the Aloha Committees

Thanks to all of you that signed up for committees in preparation for, or working at, the Aloha meet on October 2-3. Committees are now full and closed except for the program/donations committee. If you have not yet signed up, please see Lindsay in the office. All parents must participate to make this event a success!

You will find below a description of the multiple Committees and Roles.

If you have any questions regarding your role, please talk to your committee chair or any SPIRIT Board Member. We look forward to working with you to make this the most successful Aloha fundraiser yet!

Set-Up / Decorations Committee

CHAIR: Donna Craig

donna.craig@comcast.net

Set up the gym for the meet on the evening before the meet. This includes moving gym equipment (some committee members will be doing heavy-lifting) and setting up the spectator, judges, and scoring areas. Coordinate with a vendor of chair rentals for spectator seating. Coordinate with other committees for their required tables and/or equipment. Decorate the competition area in Hawaiian theme using gym decorations. Individual assignments will be worked out with the Set-Up / Decoration chairperson.

Clean-Up Committee

CHAIR: Mel Ruggiero

alruggiero@sbcglobal.net

Responsible for cleaning up spectator area, gym equipment, and entire gym after the meet each day. This includes picking up trash, emptying trash cans if they get too full, checking restroom supplies, cleaning restroom sinks, and generally maintaining a certain level of order and cleanliness throughout the gym. Sunday evening clean-up requires heavy-lifting by some committee members to move gym equipment (bars, beams, etc) back into place. Individual assignments will be worked out with the Clean-up chairperson.

Scoring / Music / Awards Committee

CO-CHAIRS: Gina Jensen / Mel Ruggiero

ginakj@sbcglobal.net

Responsibilities prior to meet include compiling competing gymnasts' information data, generating coaches information for each club, generating score cards. Responsibilities during the meet include operate P/A system provide march-in music, national anthem, and floor exercise music. Announce general information such as introduction of clubs at beginning of each session. Accumulate / tabulate scores and placement for award session, and assembling awards at end of each session. Efficiently and enthusiastically announce session winners during the Awards Ceremony. Individual assignments will be worked out with the Scoring / Awards chairperson.

Aloha Program / Donations Committee

CHAIR: Anna Quinones

ernie_anna@verizon.net

Produce the Aloha Program for the meet. Solicit and retrieve donations of requested items from local businesses. Solicit donations for ads, sponsorships, etc from families and businesses. Help create Aloha Meet Program ads. Artistically lay-out the ads for the Aloha Meet Program. Help on the week of the meet to prepare the Aloha Programs for the Aloha Meet. Individual assignments will be worked out with the Aloha Program / Donations chairperson.

Food / Concessions Committee

CO-CHAIRS: Sherry Fisher/Laura Adame-Tiendas

lauraadame@ymail.com

Set up food vending area. Lend BBQs, tables, tents, crockpots, etc. for food storage and preparation. Help organize food contributions from Airborne team members. Prepare and sell food and drinks during the meet. Help clean up and tear down at the end of the meet. Individual assignments will be worked out with the Food / Concessions chairpersons.

Judges Hospitality Committee

CHAIR: Carole Costa

carole_costa@mentor.com

Provide judges with decorated Judges Hospitality Room, drinks and food. Responsible for providing drinks, snacks and meals during each session and decorating the judge's hospitality room. Work setup and cleanup of one home cooked meal or snack. Help to setup and teardown the Judges Hospitality room. Individual assignments will be worked out at with the Judges Hospitality chairperson.

Vendors Committee

CHAIR: Connie Weaver

connie2329@gmail.com

Arrange with vendors to sell gymnastics items of interest at the meet. Work assigned shifts selling and promoting items at the meet. Individual assignments will be worked out at with the Vendors chairperson.

S.P.I.R.I.T.

1515 Walsh Ave.

Santa Clara, CA 95050

Phone: 408-986-8226

S.P.I.R.I.T.

Supportive

Parents

Involved

Raising

Income

Together

E-Mail:

AirborneSPIRIT@yahoo.com

<http://airborne-spirit.org>

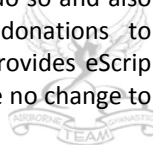
Newsletter Picture Quest



eScrip and Tax Reminders

eScrip for SPIRIT

eScrip is well known for its fundraising partnerships with schools but did you know they also partner with non-profit organizations such as SPIRIT? We are very pleased to announce the approval of SPIRIT as an eScrip benefactor. If you have been using your eScrip funds for your children's schools, you can continue to do so and also allocate a portion of the donations to SPIRIT. Since Safeway only provides eScrip funds for schools, there will be no change to this donation.



Tax Deductible Contributions!

Don't forget! SPIRIT is a 503(c) non-profit organization. Ask your employer if they have a matching gift program for non-profit organizations and donate today! All contributions or donations are **tax deductible** as recognized by law. Federal Tax ID 77-011050

Please consider signing up for eScrip and allocating donations from purchasing partners to SPIRIT. There is NO COST to you to sign up and register with eScrip. For more information, to sign up or make changes to your account, go to <http://www.escrip.com/>

Tips and Tricks for New Families (continued)

The team score is based on the top scoring gymnasts on each event – sometimes 3, sometimes 5 – each host gym determines the way the team is scored. Team awards are made for each session. Final team score is made at the end of the meet.

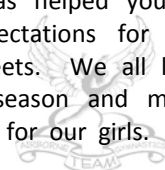
Miscellaneous

Although your gymnast is part of a team, arriving early to watch sessions where some of your daughter's teammates are competing is not encouraged. Watching these sessions prior to competing can raise anxiety for your gymnast and is actually quite exhausting. We learned this the hard way! Staying after your daughter's session to watch additional sessions is fine. She's done, she's relaxed, she can cheer on other

Airborne competitors!

During each meet, your gymnast will receive a special item commemorating the meet. In the past few years, many gyms will provide a discount on t-shirts and apparel that is provided by a vendor. The discount is usually a \$15 credit. Be forewarned that your daughter will likely want to spend additional money for just the right item. Don't say I didn't warn you!

I hope this information has helped you to prepare for and set expectations for the compulsory competition meets. We all look forward to an awesome season and many individual and team awards for our girls. GO AIRBORNE!



Gina Jensen – Geni's mom
SPIRIT President

With the 3rd issue of **Around the Chalk Bowl**, we've had the same banner picture, but we would like to call for fresh pictures of our girls, keeping the theme of the Chalk Bowl. Please email your pictures to our VP Communications, Flo Oswald at Florence_oswald@yahoo.com.

PayPal now Available for SPIRIT Donations

In order to make donations to SPIRIT easier in this electronic age, we have opened a PayPal on-line account. Purchases for Aloha Program advertising, Poker Night, Aloha Consignment Shop, and other donations can easily be made through PayPal linked bank accounts and

credit cards. Your donation is guaranteed secure by using PayPal and your PayPal confirmation email completes your donation with a receipt ready for tax preparers. Stay safe by using PayPal – transactions do not allow exposure to sensitive financial details like your credit card or

bank account numbers. And you can keep track of all your tax-deductible donations on PayPal. Consider using PayPal to make a donation to SPIRIT today! <https://www.paypal.com>

→ Updates: New ...

New Board Member

Carol Miller has been replaced by **Susannah Vaughan** as our new **VP Membership**

New Families

Level **5B**: Romina Gupta
Level **7/8**: Stella Chung
Level **8**: Shelbee Avelino

New Level Reps

Level **5A** Rep: Laura Adame-Tiendas
Level **5B** Rep: Leah Schnoor
Level **4** Rep: Martina Roethig